

What makes a city active?

Antwerp

1

Develop

the alternative modes of transportation.

An effective tram and bus offer should be complemented by cycle paths, and 'slow roads' (where there is little or no motorised traffic), like the 668kms of cycle paths in Antwerp.

668 km
is the distance covered
in cycle paths in the
Antwerp municipality (2023)

2

Support

smart ways to Antwerp to ensure that people can get active safely around the city. Indeed, the organisation has developed **a digital map** that keeps people and workers informed of the most effective modes of transport for their destination.

3

Promote

access to sport for everyone. For pupils and students, the Flemish and Antwerp authorities have created an '**SNS Pass**', allowing them to try out many sports after school.

Adults can use their '**A card**' to access swimming pools and other municipal sporting infrastructures.

4

Dedicate

a specific program to this action. Like "**Sporting A**" in Antwerp, that became the sports department of the municipality, having a dedicated team and funds to make your city more active is an important asset.

5

Involve

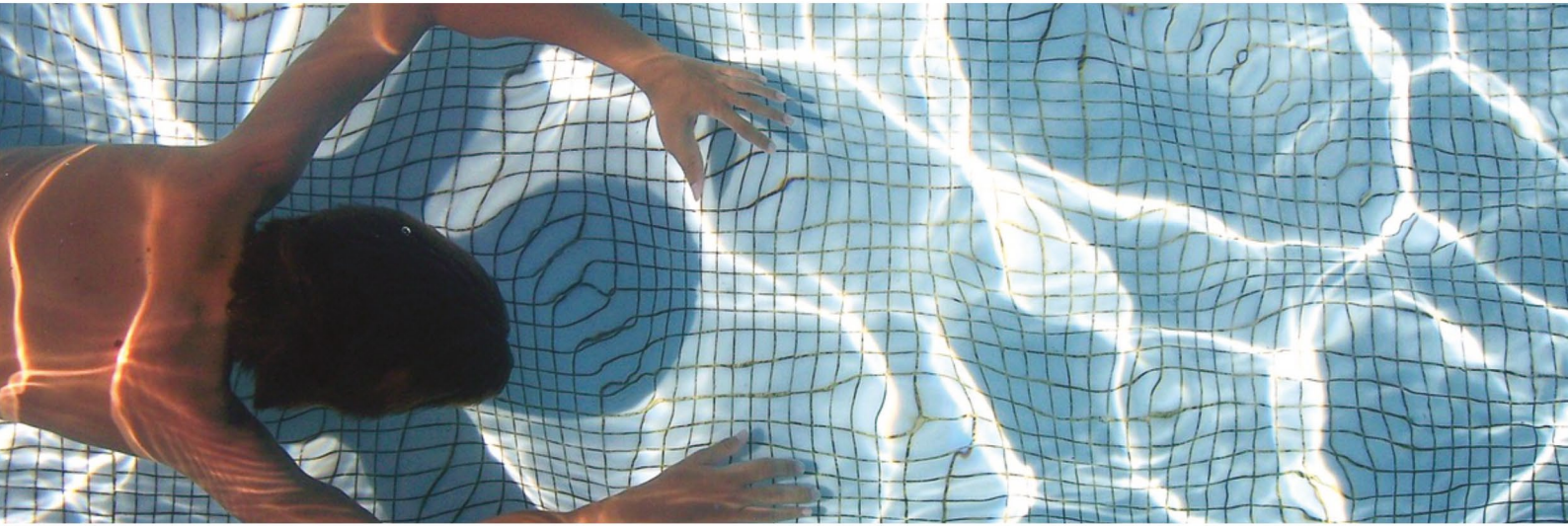
all relevant stakeholders, **schools, firms, sporting associations, local communities**, ... are all potential beneficiaries of your initiative and are key to its success. Communicate on your initiatives and involve stakeholders, like Antwerp during its 'Big Link' project.

What makes a city active?

Antwerp

Resources

Most of these are in Flemish, but you can easily translate them with the Google translate tool.



Active School

Sport-related good practices in Flemish schools.

[Find out more](#)

Antwerpen city website. sport for 12 to 18 year olds.

[Find out more](#)

SNS Pass: Sport after School.

[Find out more](#)

Active mobility

Smart ways to Antwerp/ employers's approach.

[Find out more](#)

Active workplace

Antwerpen city website. Fit workplaces.

Video in Flemish, english subtitles available

[Find out more](#)